

FROM YOUR MEMORIES

# Eulogy *worksheet*

You do not need to be a writer. You need a few true memories. Answer what you can, skip what you cannot, and the speech will begin to shape itself. Write by hand or type, whichever is kinder.

WHO YOU ARE SPEAKING ABOUT

YOUR NAME

MEMORY ONE

*A moment that was entirely them*

A scene you can still see. Where were you? What did they do or say? Small is good.

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MEMORY TWO

*Something they taught you*

A skill, a saying, or the way they treated people. It does not have to be big to be true.

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MEMORY THREE

*A small habit*

The way they answered the phone, a song they hummed, the chair that was theirs.

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MEMORY FOUR

*Something not everyone knew*

A quiet kindness, a talent, a story from before you knew them.

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AND NOW

*What you would say to them now*

If they could hear you, what would you want them to know?

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## PUTTING IT TOGETHER

# The shape of the *speech*

Three parts are enough. Choose from what you wrote, and tell each memory as a small story, with a place and a moment in it.

## AN OPENING

*Who you are, and how you knew them. One or two sentences.*

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## THE FIRST MEMORY

*Begin with the one that makes people nod.*

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## A SECOND MEMORY

*Something that shows another side of them.*

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## A THIRD, IF YOU WANT ONE

*Often the smallest one lands the deepest.*

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## A CLOSING LINE

*What you would say to them now, or what you hope people carry home.*

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## A GENTLE NOTE ON LENGTH

Most eulogies run three to five minutes: about 400 to 700 words, or a page and a half typed. Read it aloud once at home. It is all right to read from the page, to pause, and to stop for a breath. No one is waiting for you to be perfect.

